



School Based Prevention Reaches Over 50 Schools

In 2022, First Call developed new school partnerships on both sides of the state line as well as in urban, suburban, and rural communities, serving over 1,700 students through prevention programs. In the spring of 2023, First Call provided prevention education services to over 50 schools and 1,356 students in the metro area.

The 8-week program touched on multiple, age-appropriate topics for the 3rd through 12th grade students, including: communication skills, how to deal with stress and anger management.

Through pre and post tests given to the students, data showed a 15% growth, 8% higher than the target goal, in knowledge throughout the eight week course. One hundred percent of the participating schools have agreed to an ongoing partnership for the upcoming school year.

For more information on prevention services or to become a partner, visit: <https://www.firstcallkc.org/prevention>

UPCOMING EVENTS

How To Cope: 7/10, 17, 24, 31
from 6-8pm

7.11 HTC Alumni Group:
Boundary Setting

7.13 Continuing the Talk About
ACEs*

How To Cope: 7/18, 20, 27 from
10a-12p

7.20 Suicide Prevention
Conference*

7.25 Recovery Friendly
Workplace*

7.26-7.28 Kids Summer Care
Camp 5:30-8:30pm

8.2-8.4 Kids Summer Camp
9AM-Noon

8.2-8.3 Harm Reduction
Conference*

8.4 PDI: Addressing SUDs in the
LGBTQ Community*

*indicates Community Outreach Events

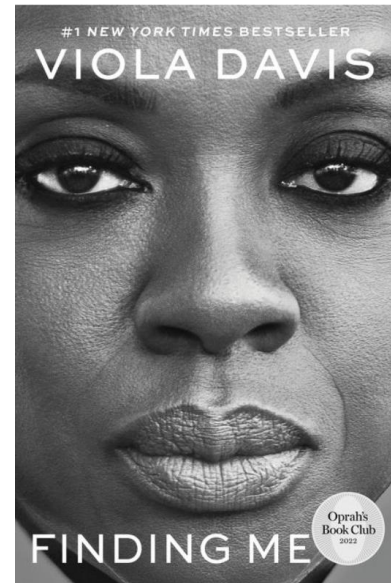
Book of The Month

Finding Me by Viola Davis

As part of July's Social Wellness month, First Call encourages you to look at how you can improve your social well-being. Healthy relationships and connections aid in the improvement of your physical, mental and emotional health.

This book is for anyone who is searching for a way to understand and overcome a complicated past, let go of shame, and find acceptance.

For anyone who needs reminding that a life worth living can only be born from radical honesty and the courage to shed facades and be you, this book is for you.





FC Hosts 30th, Final Golf Tournament

First Call hosted an incredibly successful 30th and final golf tournament on June 9. With over 20 teams participating and the generosity of our golfers, we raised more on our raffle than ever before.

"Our 30th Annual Golf Tournament was a huge success, with our raffle raising over \$7,000 the day of the tournament," Development and Events Manager Sarah Link Ferguson said. "For 30 years, this event has provided significant support for First Call's recovery and prevention services for individuals, families and communities impacted by addiction."

This was the final year for the First Call Celebrity Golf Tournament.

"We are so proud of our 30 year run with this special event and though we decided to close this chapter, we are working on something just as special to replace it next year, so stay tuned," Link Ferguson said.

[Click HERE for the full event gallery](#)



First Call Celebrates with KC Pride Fest

First Call's staff and volunteers hosted a table at this year's Kansas City Pride Fest, June 9-11. First Call provided brochures, information, along with stickers and buttons to attendees.

"It was a joy to celebrate Pride with Kansas City," Harm Reduction Specialist Casey Johnson said. "While so much of the country is taking steps to further marginalize LGBTQIA+ folks, we're proud of the life-affirming work we do every day here at First Call."

KC Pride Fest was an opportunity to provide harm reduction tools in real time. First Call distributed 2,332 doses of Narcan, an overdose reversal medication, and 3,106 fentanyl test strips, free of charge.

For more information and harm reduction resources, please call: 816-384-1729

FAMILY SERVICES

Caring For Kids - How To Cope - How To Care

FIRST CALL PRESENTS



↔ **KIDS** ↔

SUMMER

== **CARE CAMP** ==

OUR CARE CAMP PROGRAM WILL HELP KIDS TO GAIN A HEALTHY, PRODUCTIVE LIFESTYLE BY UNPACKING THE IMPACT OF SUBSTANCE USE IN THE FAMILY WITH EDUCATION, RESILIENCE AND SAFETY.

JULY 26-28 **OR** **AUGUST 2-4**
5:30-8:30PM **9AM-12PM**

CAMP HELD AT FIRST CALL
9091 STATE LINE RD. KANSAS CITY, MO 64114

TIE-DYE GLOW DAY ★ BIRTHDAY ★ WATER DAY
SNACKS ARE PROVIDED FOR THE DAY SESSION
DINNER IS INCLUDED FOR THE EVENING SESSION

REGISTRATION IS FREE
AND OPEN TO KIDS AGES 6-12

TO REGISTER: CONTACT BETHANY DEPUGH, FAMILY SERVICES
BDEPUGH@FIRSTCALLKC.ORG
816-800-8057

First Call Joins Health Equity Learning and Action Network

Members of First Call's staff joined forces with The Kansas City Health Equity Learning and Action Network (LAN) to help root out racism in healthcare.



The team has worked with LAN for the last two years, planning and partnering with other agencies to provide space for clients to meet where they live. Many of the clients First Call serves, come from more diverse neighborhoods, not just Johnson County.

"We need to meet many of our clients where they work and live, because not everyone has the ability to travel to us. It's not very personal or private to meet at McDonalds, so we want to find other areas that offer a more comfortable space to talk," team member Mel Gard said.

First Call plans to partner with libraries and other agencies to fulfill this need, but are looking to grow their partnerships throughout the metro.



Donor Of The Month

Donor Dr. Jeff Cameron has been living in Kansas City since 1987, where he is a vascular surgeon at [HCA Vascular Surgeons](#). He was first approached about an open board position by, fellow donor and former board member, [Hugh O'Donnell](#). Cameron served on First Call's Board of Directors for four years.

"I do what I do because I really like what First Call does," Cameron said.

When Cameron first became involved with First Call in 2010, he had a strong tie the services provided for families, especially [How To Cope](#).

"I tell everyone First Call is near and dear to my heart. Having gone through a lot of the stuff, I know there is not a lot of support for families and loved ones, and First Call provides that," Cameron said.

Cameron spends most of his free time with his wife Mel and their five children, along with the 'occasional' round of golf.

[Donate Now](#)



9091 State Line Rd., Kansas City, MO 64114 | 816.361.5900 | [firstcallkc.org](#)

