



**PROFESSIONAL
DEVELOPMENT INSTITUTE**

first call

2024 CLASS SCHEDULE

**SUBSTANCE USE & MENTAL HEALTH ETHICAL TREATMENT
FEBRUARY 16 - IN PERSON**

FACILITATOR: KEITH FAISON

IN THIS LIVE, INTERACTIVE TRAINING, PARTICIPANTS WILL DISCUSS CHALLENGES WITHIN THE WORKPLACE THAT INVOLVES ETHICAL QUESTIONING. ETHICAL DECISION MAKING REQUIRES CAREFUL DELIBERATION; ASSESSMENT OF MULTIPLE VARIABLES; SELF-REGULATION; CHOOSING AN ETHICAL RESPONSE; TAKING ACTION; AND EVALUATING THE OUTCOME.

**HARM REDUCTION 101
MARCH 15 - IN PERSON**

FACILITATOR: CASEY JOHNSON, PSS, MPS

1. FOUNDATIONS AND PRINCIPLES OF HARM REDUCTION
 2. OVERDOSE PREVENTION AND RESPONSE
 3. ENGAGING PEOPLE WHO USE DRUGS
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**HOW TO CARE: THE IMPACT OF SUBSTANCE USE AND
TRAUMA IN THE FAMILY
APRIL 5 - VIRTUAL**

FACILITATOR: MEGAN KELLER

HOW TO CARE IS FOR CAREGIVERS (PARENTS, FOSTER PARENTS, GRANDPARENTS, TEACHERS, SOCIAL WORKERS, ETC) OF YOUTH WHO HAVE BEEN IMPACTED BY A FAMILY MEMBERS SUBSTANCE USE AND TRAUMA. THIS TRAINING PROVIDES EDUCATION ABOUT SUBSTANCE USE DISORDERS, TRAUMA, IMPACT OF PARENTAL SUBSTANCE USE, THE IMPACT ON FAMILY DYNAMICS, PHYSICAL HEALTH, RELATIONSHIPS AND WHAT HARM REDUCTION LOOKS LIKE FOR FAMILIES. THE IMPORTANCE OF SELF-CARE FOR CAREGIVERS AND FAMILY MEMBER'S IS ALSO DISCUSSED.

MENTAL HEALTH FIRST AID

MAY 17 - IN PERSON

FACILITATOR: MARGAUX MUELLER, CRPS, MRSS

MENTAL HEALTH FIRST AID (MHFA) TEACHES YOU HOW TO IDENTIFY, UNDERSTAND AND RESPOND TO SIGNS OF MENTAL HEALTH AND SUBSTANCE USE CHALLENGES AMONG ADULTS.

ARE THE KIDS ALRIGHT?

JUNE 7 - VIRTUAL

FACILITATOR: HECTOR CONTERERAS

YOUTH SUBSTANCE USE & TRAUMA - ETHICAL CONSIDERATIONS & EVIDENCE-BASED TREATMENT OPTIONS

MOTIVATIONAL INTERVEIWINING

AUGUST 9 - IN PERSON

FACILITATOR: KEITH FAISON

A COLLABORATIVE, GOAL-ORIENTED STYLE OF COMMUNICATION WITH PARTICULAR ATTENTION TO THE LANGUAGE OF CHANGE. IT IS DESIGNED TO STRENGTHEN PERSONAL MOTIVATION FOR AND COMMITMENT TO A SPECIFIC GOAL BY ELICITING AND EXPLORING THE PERSON'S OWN REASONS FOR CHANGE WITHIN AN ATMOSPHERE OF ACCEPTANCE AND COMPASSION

SUBSTANCE USE AND HEALTHY EATING

AUGUST 23 - IN PERSON

FACILITATOR: JAMIE PLACHT, CHES

LEARN ABOUT THE FIVE BASIC HUMAN NEEDS, SPECIFICALLY FOOD. FOOD INSECURITY IMPACTS ALL FACETS OF LIFE. THIS INCLUDES RISK FACTORS RELATED TO SUBSTANCE USE AND MENTAL HEALTH. IN THIS TRAINING, YOU WILL LEARN ABOUT HOW ACCESS TO ADEQUATE, NUTRITIONAL FOODS CAN DECREASE RISK FACTORS RELATED TO SUBSTANCE USE THROUGHOUT THE LIFE CYCLE.

TRAUMA-INFORMED CARE AND SUBSTANCE USE DISORDERS: EXPLORING THE CONNECTION, PREVENTION, AND TREATMENT APPROACH

SEPTEMBER 13 - IN PERSON

FACILITATOR: MARGAUX MUELLER, CRPS, MRSS
MEGAN FOWLER, LCSW, LSCSW

TRAUMA IS AN EVENT OR SERIES OF EVENTS AND EXPERIENCES THAT IMPACT OUR EMOTIONAL AND PHYSICAL HEALTH. INDIVIDUALS WITH A HISTORY OF TRAUMA ARE MORE LIKELY TO USE SUBSTANCES OR DEVELOP A SUBSTANCE USE DISORDER. THIS PRESENTATION AIMS TO INCREASE PARTICIPANTS' UNDERSTANDING OF VARIOUS FORMS OF TRAUMA, IT'S IMPACT OF INDIVIDUALS AND COMMUNITIES, AND HOW TO BEST PREVENT AND ADDRESS SUBSTANCE USE DISORDERS WITH THOSE IMPACTED BY TRAUMA. PARTICIPANTS WILL BETTER LEARN TO INCORPORATE TRAUMA-INFORMED PRACTICES INTO THEIR WORK WITH CLIENTS AND COMMUNITIES.

YOUTH MENTAL HEALTH FIRST AID

SEPTEMBER 27 - IN PERSON

FACILITATOR: SHELBY KRECH, MPS, BRYCE BRADFORD, MPS

YOUTH MENTAL HEALTH FIRST AID TEACHES YOU HOW TO IDENTIFY, UNDERSTAND AND RESPOND TO SIGNS OF MENTAL HEALTH AND SUBSTANCE USE CHALLENGES AMONG CHILDREN AND ADOLESCENTS AGES 12-18.

ETHICS

OCTOBER 11 - IN PERSON

FACILITATOR: CASEY SPARTZ, LMSW, CRADC, MARS

THE TRAINING WILL PROVIDE AN UNDERSTANDING FOR DIFFERENT APPROACHES TO CARE AND HOW THEY ARE BASED IN DIFFERENT ETHICAL PRINCIPLES. THE TRAINING WILL ALSO COVER REAL-LIFE SCENARIOS AND THEIR RELATIONSHIP TO ETHICAL STANDARDS. FROM THEORY TO PRACTICAL APPLICATION, THIS TRAINING WILL HIGHLIGHT THE INTEGRATION OF ETHICAL PRACTICE IN CLINICAL CARE